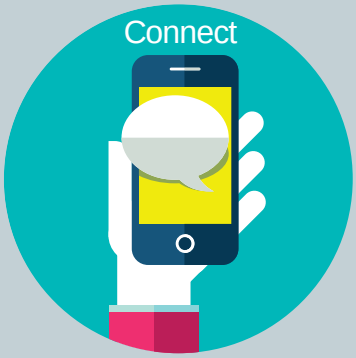

Be Active

Keep Learning

Take Notice

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Here are some other useful links:

https://young.scot/campaigns/national/coronavirus

From New Zealand a video for children: •Corona virus explainedŽ Dr Michelle Dickinson

https://www.youtube.com/watch?v=OPsY-jLqaXM

Child Mind Institute: Video and information

https://childmind.org/article/

Who can you connect with? e.g. friends, family, work colleagues	Who can help out if needed?

In your community